

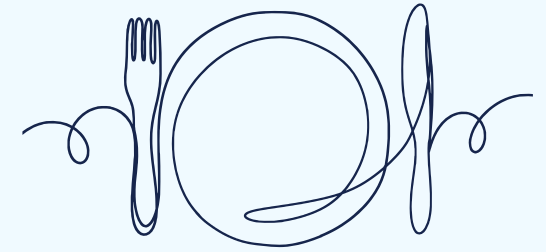


encompass  
— Community Supports —

*Formerly Known As –*  
Rappahannock-Rapidan Community Services

PO Box 1568  
15361 Bradford Road  
Culpeper, VA 22701  
Support Coordinators of  
Community Connections for Older Adults  
Phone: (540) 825-3100  
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# Home Delivered Meals Program



encompass  
— Community Supports —

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Rappahannock-Rapidan Community Services

**Offering home delivered meal services  
to adults 60 years of age or older.**

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The Mission for our Home Delivered Meals Program is to support the independence and well-being of our older adults in the counties of Culpeper, Fauquier, Madison, Orange, and Rappahannock.

Encompass Community Supports' Home Delivered Meals Program provides nutritious, frozen meals to older adults in our region who are unable to leave their homes due to illness or disability and have no assistance preparing meals.

Our meals are developed and based on guidelines from the Virginia Department for Rehabilitative and Aging Services (DARS). These meals are low in sugar and salt to accommodate individuals with special diets.

## To receive meal delivery you must...

- Be homebound
- Be 60 years or older
- Remain safely in your home with meals as a support service
- Be unable to prepare or obtain adequate meals
- Complete an assessment with our Support Coordinator Staff
- Agree to be home when meals are delivered or call if you're not going to be there.



We appreciate and accept donations for our Home Delivered Meals Programs. A donation envelope is given to individuals at time of delivery.

**Contact Encompass Community Supports if your status changes or you no longer qualify.**

Phone: (540) 825-3100

Email: [agingservices@ecsva.org](mailto:agingservices@ecsva.org)

A portion of our funding for the Home Delivered Meals Program is sponsored by various entities.



**MEALS on WHEELS  
AMERICA**

TOGETHER, WE CAN DELIVER.